



# Peacocks

MEDICAL



**Saturday  
7th of Feb 2026**



# FORTH CONFERENCE 2026

[Marketing@Peacocks.net](mailto:Marketing@Peacocks.net)

[www.Peacocks.net/Medical](http://www.Peacocks.net/Medical)

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# FORTH 2025

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# Content

## 1. Location



## 2. Agenda



## 3. Venue Setup



## 4. Exhibitors



## 5. Speakers



# Agenda

## 9.00am Charcot-Marie-Tooth Disease

**Paul Charlton & Ashley Lewis** Welcome and Introductions

**Dr.Helen Devine** Introduction and setting the scene. Latest understanding of CMT

**Dr.Gita Ramdharry** Physiotherapy intervention for CMT,  
What can be done and what's the evidence?

**Dionne Moat** Physiotherapy Application

## 11.15am Coffee

## 11.45am

**Emma Jenks** Podiatry Interventions

**Andrew Frame** Orthotic Interventions



# Agenda

**12.45pm Lunch**

**Mr De Geldhere** Surgical Interventions Paediatric

Foot and Ankle Surgeon

**Mr Sultan Qasim** Surgical Interventions Adult surgeon

**Dr.Helen Devine** Developing a service?

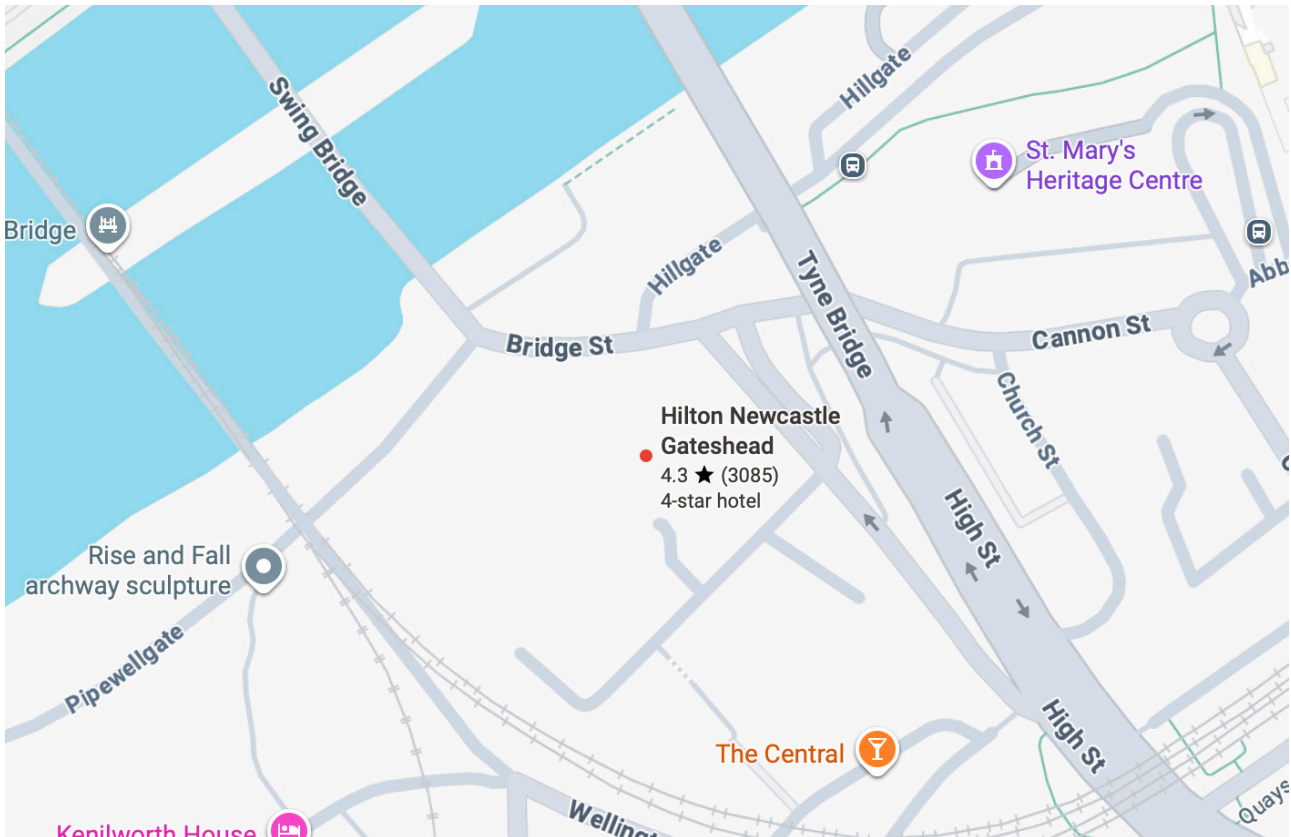
**3.00pm Questions, discussion, Conclusion**

**3.15pm Close**

**Saturday  
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# Location



**Address:** Bottle Bank, Gateshead NE8 2AR

**What3words:** ///search.candle.took

**Hilton phone number:** 0191 490 9700

There is **Limited Car parking spaces available** at the Hilton Hotel (Other parking available near the venue).

**Setup time** is dependent on Hilton availability and will be confirmed on **Thursday, January 30, 2026**. However, we anticipate setup on **Friday afternoon after 3pm**.



# FORTH CONFERENCE

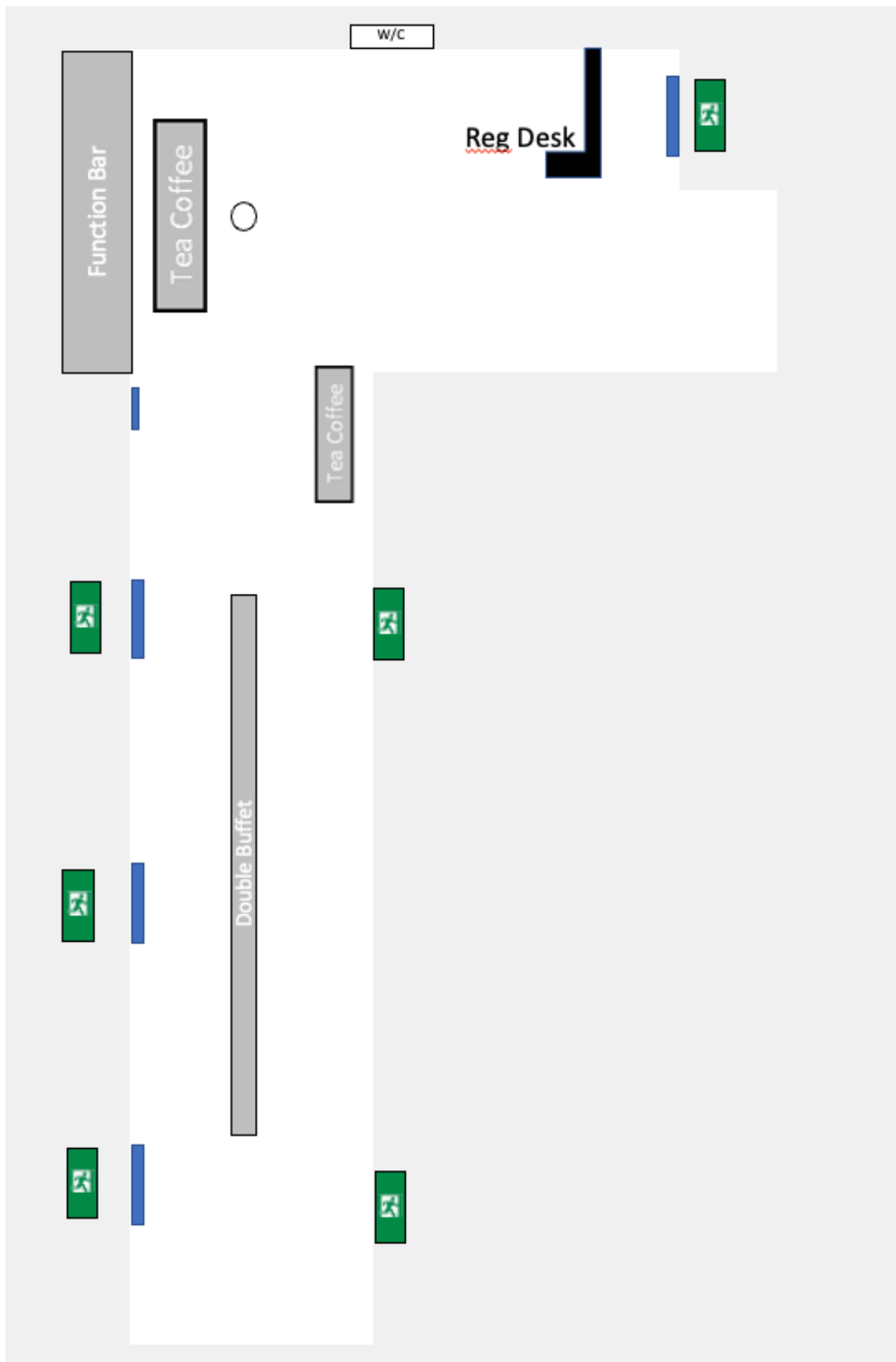
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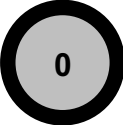
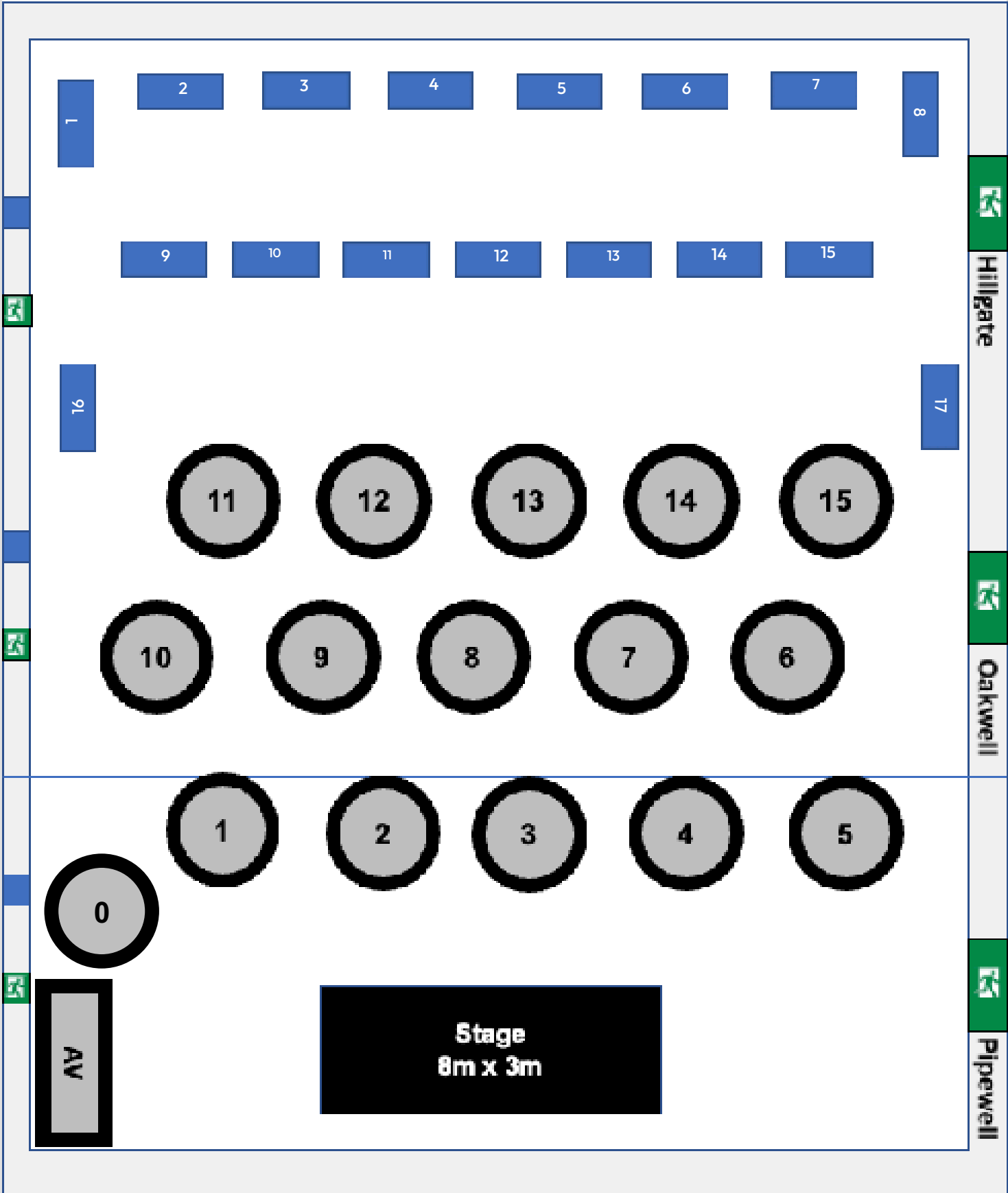


# The Venue Setup

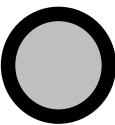




# The Venue Setup



Speakers



Delegate Tables



Exhibitor tables

# Exhibitors such as



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HERE**





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ORTHOTICS



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# Speakers



**Ashley Smith (Lewis)**

**Associate Director for Clinical Services**

Associate Director for Clinical Services at Peacocks Medical Group, bringing over 25 years of experience in the medical device industry. She specialises in spinal, diabetic and paediatric orthotics, with advanced skills in digital scanning, 3D printing and the development of new orthotic solutions.



**Paul Charlton**

**Senior Orthotist**

Senior Orthotist with Peacocks Medical Group, supporting the paediatric services at Great North Children's Hospital. Paul specialises in Neurodiversity and paediatrics with a wealth of knowledge.



**Dr Helen Devine**

**Clinical Fellow and Honorary Consultant Neurologist**

Clinical Fellow and Honorary Consultant Neurologist working across Newcastle University and Newcastle Hospitals. With 10 years of clinical and academic experience, Helen specialises in Motor Neurone Disease and Charcot-Marie-Tooth Disease, bridging research and patient care. Contributing to advancements in neuromuscular neurology and delivering quality, compassionate clinical practice.

# Speakers



## **Dr Gita Ramdharry**

### **Consultant Allied Health Professional in Neuromuscular Disease**

Consultant Allied Health Professional in Neuromuscular Diseases at the Queen Square/MRC Centre for Neuromuscular Diseases, National Hospital for Neurology and Neurosurgery, UCLH, and an Honorary Associate Professor at UCL. In 2025, Gita became an NIHR Advanced Clinical Academic & Practitioner Fellow.



## **Emma Jenks**

### **Advanced Podiatrist**

Graduated from New College Durham with a Degree in Podiatric Medicine (2017) and a Master's in Podiatric Surgery (2018). She specialises in high-risk foot management for non-diabetic patients and has enhanced community pathways to specialist care. She is also a Non-Medical Prescriber.



## **Andrew Frame**

### **Specialist Orthotist**

Area Lead Orthotist for Peacocks across Newcastle, Northumbria and Yorkshire. With 15 years' experience, he previously specialised in adult neuro orthotics at the National Hospital for Neurology and Neurosurgery in London. He relocated to the northeast in 2021 and joined Peacocks in 2022.



# Speakers

## Mr Sultan Qasim

### Consultant Orthopaedic Foot and Ankle Surgeon

Clinical Lead for Orthopaedic Trauma at Royal Victoria Infirmary (Major Trauma Centre).  
Orthopaedic Regional lead for Diabetic Foot Conditions especially Charcot Arthropathy. Clinical Lead for the tertiary referral service at Freeman Hospital for complex neurological foot and ankle deformities and Clyde.



## Dionne Moat

### Clinical Specialist Neuromuscular Physiotherapist

Clinical Specialist Neuromuscular Physiotherapist at the John Walton Muscular Dystrophy Research Centre and Newcastle Upon Tyne Hospitals. Qualified in 2003, she supports children and adults with neuromuscular disease, her research compares night-time AFOs and Contracture Control Devices in Duchenne muscular dystrophy.



## Mr Antoine G.De Gheldhere

### Specialist Orthopaedic Consultant

Full-time paediatric orthopaedic surgeon at the Great North Children's Hospital in Newcastle. Trained in Brussels with fellowships in Nancy, Great Ormond Street and Stanmore, he received the EPOS travelling fellowship and gained experience across North America. He is an accomplished surgeon with broad clinical interests.



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**THANK YOU FOR ATTENDING  
THE FORTH CONFERENCE  
2026**

**SEE YOU IN 2027!**

