



Peacocks

MEDICAL

**FORTH
CONFERENCE
2026**

Marketing@Peacocks.net

www.Peacocks.net/Medical

0191 276 9600

**Saturday
7th of Feb 2026**





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Ticket for **FORTH 2026**

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FORTH 2025

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Content

1. Location



2. Agenda



3. Venue Setup



4. Exhibitors



5. Speakers

Agenda

9.00am Charcot-Marie-Tooth Disease

Paul Charlton & Ashley Lewis Welcome and Introductions

Dr.Helen Devine Introduction and setting the scene. Latest understanding of CMT

Dr.Gita Ramdharry Physiotherapy intervention for CMT,

What can be done and what's the evidence?.

Dionne Moat Physiotherapy Application

11.15am Coffee

11.45am

Emma Jenks Podiatry Interventions

Andrew Frame Orthotic Interventions

Agenda

12.45pm Lunch

Mr De Geldhere Surgical Interventions Paediatric

Foot and Ankle Surgeon

Mr Sultan Qasim Surgical Interventions Adult surgeon

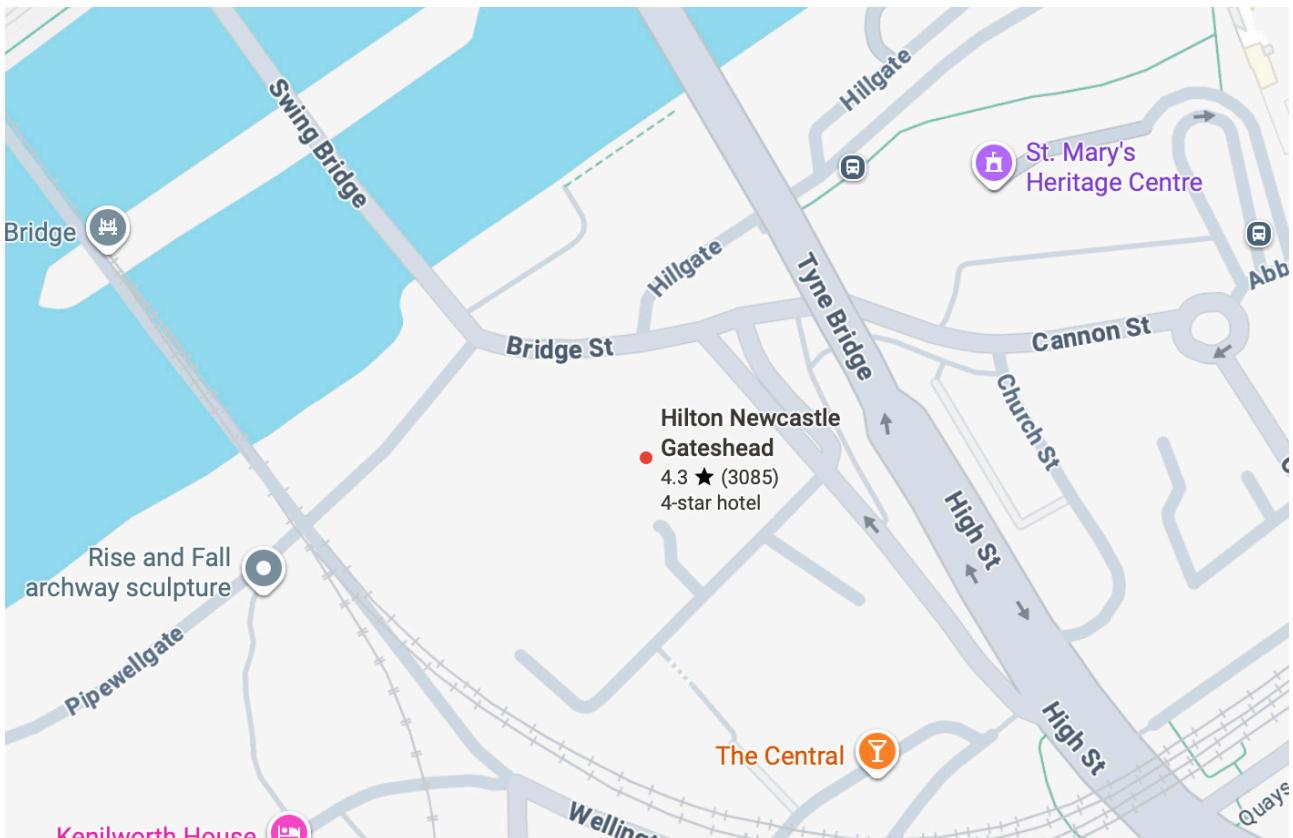
Dr.Helen Devine Developing a service?

3.00pm Questions, discussion, Conclusion

3.15pm Close

**Saturday
7th of Feb 2026**

Location



Address: Bottle Bank, Gateshead NE8 2AR

What3words: //search.candle.took

Hilton phone number: 0191 490 9700

There is **Limited Car parking spaces available** at the Hilton Hotel (Other parking available near the venue).

Setup time is dependent on Hilton availability and will be confirmed on **Thursday, January 30, 2026**. However, we anticipate setup on **Friday afternoon after 3pm**.

FORTH CONFERENCE

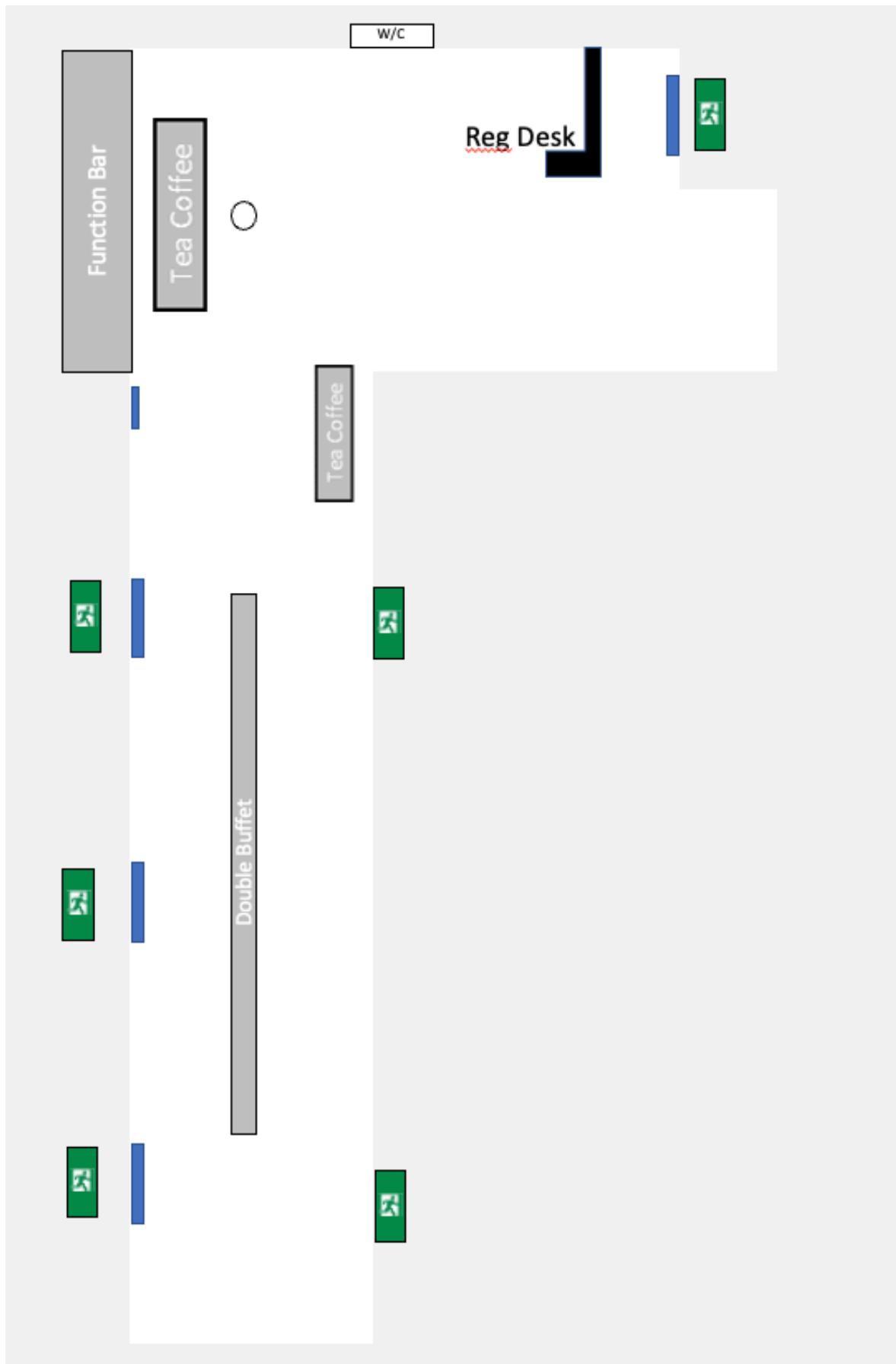
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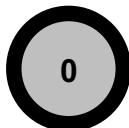
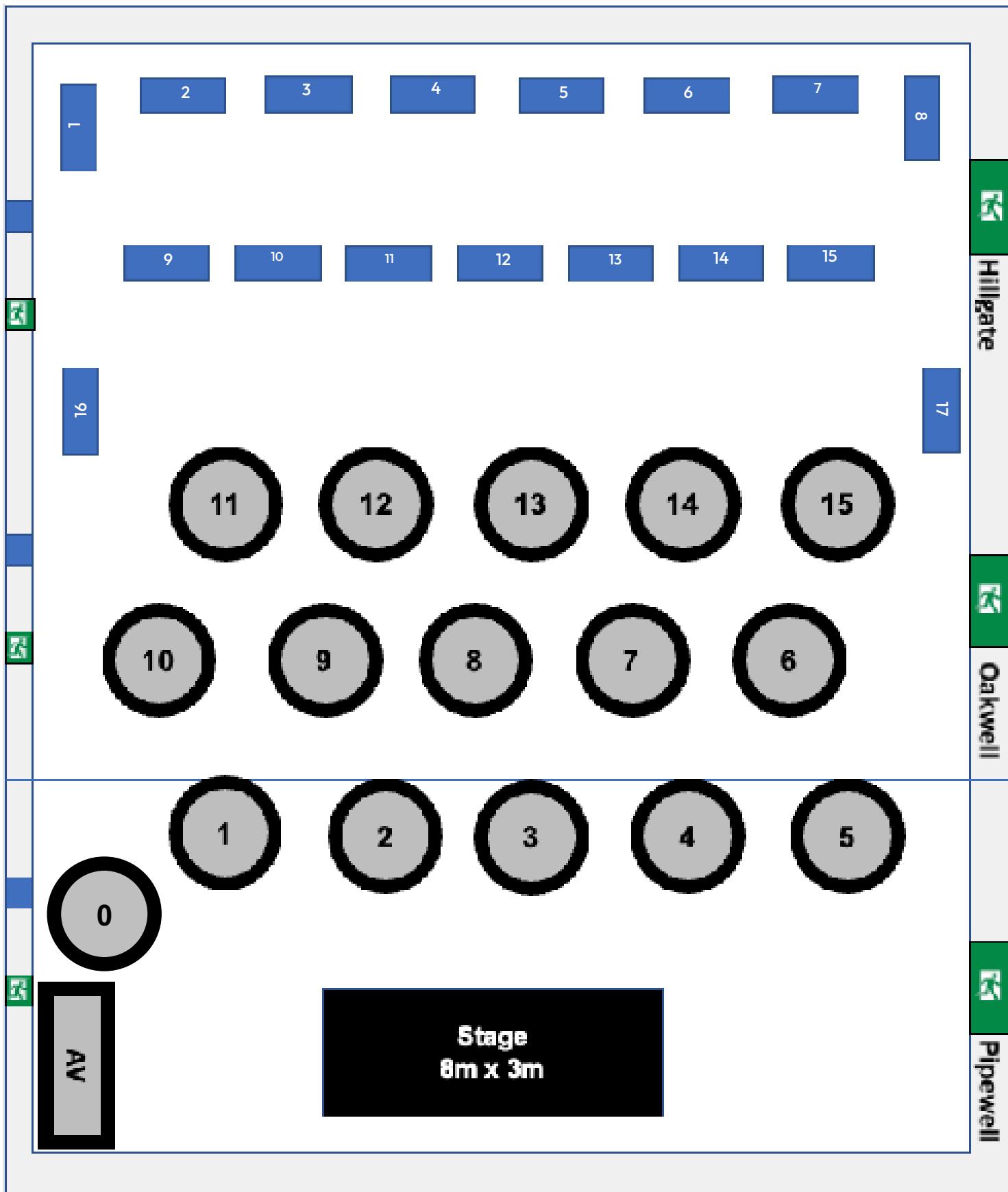
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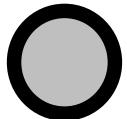
The Venue Setup



The Venue Setup



Speakers



Delegate Tables



Exhibitor tables

Exhibitors such as



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Speakers

Ashley Smith (Lewis)

Associate Director for Clinical Services

Associate Director for Clinical Services at Peacocks Medical Group, bringing over 25 years of experience in the medical device industry. She specialises in spinal, diabetic and paediatric orthotics, with advanced skills in digital scanning, 3D printing and the development of new orthotic solutions.

Paul Charlton

Senior Orthotist

Senior Orthotist with Peacocks Medical Group, supporting the paediatric services at Great North Children's Hospital. Paul specialises in Neurodiversity and paediatrics with a wealth of knowledge.

Dr Helen Devine

Clinical Fellow and Honorary Consultant Neurologist

Clinical Fellow and Honorary Consultant Neurologist working across Newcastle University and Newcastle Hospitals. With 10 years of clinical and academic experience, Helen specialises in Motor Neurone Disease and Charcot-Marie-Tooth Disease, bridging research and patient care. Contributing to advancements in neuromuscular neurology and delivering quality, compassionate clinical practice.

Speakers

Dr Gita Ramdharry

Consultant Allied Health Professional in Neuromuscular Disease

Consultant Allied Health Professional in Neuromuscular Diseases at the Queen Square/MRC Centre for Neuromuscular Diseases, National Hospital for Neurology and Neurosurgery, UCLH, and an Honorary Associate Professor at UCL. In 2025, Gita became an NIHR Advanced Clinical Academic & Practitioner Fellow.

Emma Jenks

Advanced Podiatrist

Graduated from New College Durham with a Degree in Podiatric Medicine (2017) and a Master's in Podiatric Surgery (2018). She specialises in high-risk foot management for non-diabetic patients and has enhanced community pathways to specialist care. She is also a Non-Medical Prescriber.

Andrew Frame

Specialist Orthotist

Area Lead Orthotist for Peacocks across Newcastle, Northumbria and Yorkshire. With 15 years' experience, he previously specialised in adult neuro orthotics at the National Hospital for Neurology and Neurosurgery in London. He relocated to the northeast in 2021 and joined Peacocks in 2022.

Speakers

Mr Sultan Qasim

Consultant Orthopaedic Foot and Ankle Surgeon

Clinical Lead for Orthopaedic Trauma at Royal Victoria Infirmary (Major Trauma Centre). Orthopaedic Regional lead for Diabetic Foot Conditions especially Charcot Arthropathy. Clinical Lead for the tertiary referral service at Freeman Hospital for complex neurological foot and ankle deformities and Clyde.

Dionne Moat

Clinical Specialist Neuromuscular Physiotherapist

Clinical Specialist Neuromuscular Physiotherapist at the John Walton Muscular Dystrophy Research Centre and Newcastle Upon Tyne Hospitals. Qualified in 2003, she supports children and adults with neuromuscular disease, her research compares night-time AFOs and Contracture Control Devices in Duchenne muscular dystrophy.

Mr Antoine G.De Gheldhere

Specialist Orthopaedic Consultant

Full-time paediatric orthopaedic surgeon at the Great North Children's Hospital in Newcastle. Trained in Brussels with fellowships in Nancy, Great Ormond Street and Stanmore, he received the EPOS travelling fellowship and gained experience across North America. He is an accomplished surgeon with broad clinical interests.

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2026

SEE YOU IN 2027!

