



EQUALITY DIVERSITY INCLUSION



MY LIVED EXPERIENCE

When I came out as trans to my head of year at high school I was told that my feelings were not strong enough for me to be transgender, and I was shooed out the room. I had to repeatedly ask for around a month to be permitted to wear the boys uniform.

My queer identity has put strain on some of my family relations, coming out permanently changed the dynamic of my relationships with relatives

What do I want people to know?

My gender identity or sexual orientation has no weight on my ability to be an honest, competent and professional clinician.

Transgender healthcare workers do exist and they need support, there are limited resources for trans HCPs such as transitioning in such a public role, how to navigate transphobic comments at work, uniform considerations etc.

What does good look like for the future?

More inclusive uniform ordering systems, where they are not assigned by gender and anyone can order any model of uniform from the beginning rather than having to out themselves to a supplier.

