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NIHR INSIGHT IN THE EAST MIDLANDS (EM.INSIGHT) scheme

Application guidance notes 2024-2025

Introduction to EM.INSIGHT – NIHR INSIGHT IN THE EAST MIDLANDS

EM.INSIGHT offers an exciting opportunity for new and recent graduates (< 5years) in NIHR eligible professions <https://www.nihr.ac.uk/documents/heenih-ica-programme-eligible-professions-and-regulators/12204> who are interested in undertaking research training and wanting to explore what a research career could look like from the perspectives of development, delivery, implementation and dissemination.

This includes those from the following health, social care and local authority sectors nurses, midwives, allied health professionals (comprising of art/music/drama therapists; dieticians; occupational therapists; operating department practitioners; orthoptists; osteopaths; paramedics; physiotherapists; podiatrists; prosthetists and orthotists; radiographers; and speech and language therapists), chiropractors, clinical psychologists, healthcare scientists, health visitors, optometrists and dispensing opticians, paramedics, pharmacy professionals, social work and non-medical public health specialty trainees, specialists and consultants and wider dental team professionals.

EM.INSIGHT offers the opportunity for fully NIHR funded studentships (fees and a stipend at UKRI rates, currently £18,622 per annum) to undertake Masters level research training in the East Midlands. You will be able to apply to undertake one of the following:

- the [Masters in Research Methods \(MARM\)](https://www.nottingham.ac.uk/pgstudy/course/taught/research-methods-health-ma) at the University of Nottingham <https://www.nottingham.ac.uk/pgstudy/course/taught/research-methods-health-ma>
- or the [Masters in Public Health \(MPH\)](https://www.nottingham.ac.uk/pgstudy/course/taught/public-health-mph) at the University of Nottingham <https://www.nottingham.ac.uk/pgstudy/course/taught/public-health-mph>
- or the [Masters in Social Research \(Health\) \(MSRH\)](https://www.dmu.ac.uk/study/courses/postgraduate-courses/social-research-health-msc/social-research-health-msc.aspx) at De Montfort University, Leicester. <https://www.dmu.ac.uk/study/courses/postgraduate-courses/social-research-health-msc/social-research-health-msc.aspx>

This opportunity is available for 1 year full time or 2 years part time study starting each September/October (programme dependent).

All programmes will equip students with the necessary fundamental research skills including an understanding of qualitative and quantitative methodologies alongside research design, ethics, the importance of both patient and public involvement and equality, diversity and inclusion in research. All programmes will also offer students an independent, but supervised, research project, thus providing an opportunity for them to translate their theoretical learning into hands-on experience. However, each programme delivers these fundamentals using a slightly different structure.

We will arrange 'insight' visits for students on all programmes, to places already doing research to experience first-hand opportunities to get involved in all areas of research. Each student will be allocated a mentor i.e., someone who has research experience, who can support them and who they can learn from on a one-to one basis. The scheme will also provide access to additional research training needed to

be successful in developing, delivering and disseminating research e.g., how to write and publish research.

For details of the scheme contact: claire.diver@nottingham.ac.uk OR
EM-INSIGHT@nottingham.ac.uk
For details of the MARM contact: claire.diver@nottingham.ac.uk
For details of the MPH contact: emma.wilson@nottingham.ac.uk
For details of the MSRH contact: sruane@dmu.ac.uk

Aims of EM.INSIGHT

There are three main aims:

- 1) To increase evidence-based practice and research capability/ capacity in healthcare, public health and social care;
- 2) To provide training in research so new and recent graduate professionals have the knowledge and skills to understand and do research that will help the people they work with and services they work in;
- 3) To provide opportunities to consider career opportunities involving research and to consider how to embed research skills and practice in their current jobs.

Application process

There are 2 stages to the application process. We strongly suggest you seek advice before applying:

- 1) Apply for EM.INSIGHT funding.
 - a. Opening date for applications: 14th May 2024
 - b. Closing date for applications: 12 noon 1st July 2024
 - c. Notified of an interview if shortlisted: week commencing 8th July 2024
 - d. Interview dates: 22nd July to 2nd August 2024 online
 - e. Notified of interview outcome: week beg 5th August 2024
- 2) Apply for a place on the relevant Master's programme at the associated university. This can be done before or after being notified of the offer of an EM.INSIGHT funded place. Please note some applications may require an administration fee.

Application for EM.INSIGHT funding

Please note that there are two parts to the application form in two separate documents. Both must be returned.

The form requires legible responses (type written is essential). Ensure this is complied with throughout your application. Where fields are mandatory (marked with an asterisk*) please ensure these are completed. These studentships are highly competitive so do not give reviewers an excuse for rejecting your application because the requirements have not been met. Form 'part two' can be found [here](#).

This opportunity is funded by National Institute for Health Research (NIHR) and administered by the School of Health Sciences (SoHS) at the University of Nottingham. You must be employed, currently in the final year of study or be living in the East Midlands area to be eligible for this award. Please ensure you are in one of the eligible professions detailed above. IF you are employed and intending to remain so for the duration of the award, you must have your employing organisation's support at the point of accepting the funding award.

When completing part one of the application form please ensure that you provide your full name (surname/family name and forenames) in the order they appear in your official documents i.e., passport.

If your supporting documents are not in English, we require officially translated versions as well as copies in the original language.

Please submit all applications as an email attachment by 12:00 on 1st July 2024 to: EM-INSIGHT@nottingham.ac.uk

NIHR INSIGHT IN THE EAST MIDLANDS APPLICATION FORM – PART ONE

S1. Personal details

Ensure all mandatory questions are completed.

S2. Profession

Ensure that you are in one of the eligible professions to be considered for the award; use the hyperlink here to check. Applicants must hold registration with one of the [ICA approved regulatory bodies](#) or have plans in place to hold the required registration by the proposed award start date.

S3. Professional Qualifications

Supply the professional qualifications that you consider to be important for your application. Add rows if required.

S4. Academic Qualifications (Diploma, Degree and research /clinical related awards)

Supply the academic qualifications you consider to be important to your award, and current study if not yet completed. Add rows if required.

S5. Employment sectors

If you answer 'no' to this question please review your eligibility for the award. Contact claire.diver@nottingham.ac.uk to clarify eligibility.

S6. Time on the professional register

To be eligible, you need to have been on the professional register for no more than 5 years, taking account of any breaks in service; or graduating in the academic year in which you are applying for INSIGHT funding.

If No, are there any mitigating circumstances that should be taken into account e.g. break in service, maternity/parental leave etc. Please ensure you give details. If you answer 'no' to this question and have no mitigating circumstances, please review your eligibility for the award. Contact claire.diver@nottingham.ac.uk to clarify.

S7. General overview

This section is an essential part of your application. It is important to promote yourself and your clinical and academic development. Follow word limit guidance on the application form. Writing insufficient detail about yourself, your skills (including transferable skills such as communication etc) and your career aspirations will not enable a panel of assessors to get a sense of you and your career. Be prepared to be ambitious and market why YOU should be funded.

This does not have to be focussed on becoming a world-leading researcher but could include:

- Wanting to become an academic researcher a clinical academic;
- Wanting to develop the skills and knowledge to be able to evaluate and improve the services you work in;
- Wanting to address inequalities in care/services/outcomes for under-represented or underserved populations;
- Wanting to address inequalities in the representation of researchers from your professional or personal background.

S8. Mentor support

It is not essential to have identified an academic mentor at the application stage, but developing a network of research and professional practice support is important as you complete your EM.INSIGHT studentship. If you have not identified a mentor, then we can support you with this on commencement of the programme. If you have someone in mind then we can ask them to complete our mentor form, and if suitable add them.

S9. Managerial support

Obtaining managerial support is essential to your application if you are employed, and plan on remaining so during the duration of your award. Again there are no minimum or maximum words for your response. The panel will need to be convinced that your line manager and other senior managers know what the award entails in terms of your release from work and that they are fully supportive of your application. This will need to be in place at the point of accepting an award offer.

S.10. Signed declaration

Please sign and date the declaration.

Part Two

Part Two of the application form can be found [here](#). Please answer these questions regarding protected characteristics and click 'submit'.

S11. Protected characteristics

Please answer these questions. Please note that this information is not used to assess your application.

Submit your application form – both Part One and Part Two – to EM-INSIGHT@nottingham.ac.uk by no later than 12:00 on 1st July 2024.