



P&O Day 2021

Joshua Oguntade, Orthotist

After my A Levels, I had decided not to go to university as there wasn't a course I was interested in. I took a few years out and worked as a customer service officer in the NHS. This is where I came across P&O, fell in love with it, attended an open day at the University of Salford and

never looked back.

My current role entails assessing patients and prescribing a suitable orthosis for them. I cover various clinics; my main specialist area is in the orthotic management of the diabetic foot.

I love that I can make significant positive changes to my patients' wellbeing with the devices I provide.

I love the variation of patients and conditions that I see in my orthotic clinics. It is never a dull day. I could see a ward patient for a spinal brace, a diabetic patient for specialist footwear, an avid runner who requires insoles, a post-polio patient who requires a knee ankle foot orthosis and a hernia patient requiring an abdominal support all in the same day.

I cover a diabetic clinic, a rheumatoid arthritis clinic, an insole musculoskeletal clinic as well as my general orthotics clinic.

My career journey has been an eventful one. Upon graduation, I worked as an in-house orthotist for two years. This was an eye-opening experience; it was an acute hospital and covered a wide area. It was a busy clinic and I look back on my experience there with much joy as it set a good foundation for me in my orthotic career. I then moved to my current role with opcare (formerly T&S), covering clinics in the West Sussex area, where I have been for five years now. In that time, I have also completed my MSc in Orthotic rehabilitation studies from the University of Strathclyde.

As an Orthotist, I find my career very rewarding. I never miss any opportunity to share about my career or to raise our profile. It has excellent job satisfaction and most of my days are filled with great reward from this career I have chosen.

I have no regrets and if I had to pick a profession all over again, I will pick P&O