

### WHAT:

AHP day is a social movement and an appreciation day for the 14 Allied Health Professions. It is a chance to celebrate and promote the work of AHPs throughout the country



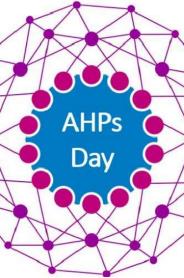
Arts Therapists, Drama Therapists, Dietitians, Music Therapists, Occupational Therapists, Operating Department Practitioners, Orthoptists, Osteopaths, Paramedics, Podiatrists, Physiotherapists, Radiographers, Speech and Language Therapists and of course Prosthetists & Orthotists

### WHEN:

AHP Day will happen on **Monday 15<sup>th</sup> October** throughout the UK and can be celebrated by anyone – not just AHPs!

# **HOW:**

You can celebrate and be involved in #AHPday in any way you like and there are many ideas on how to get involved with #AHPday on social media but to get started have a look at BAPOs P&O publicity documents and the ideas page below



# **Ideas for #AHPDay**

# In your Workplace

- Hold a stand in your hospital entrance with other AHPs to talk to the public about the good work we do
- Write to your communication team to put out an email about #AHP day and what we do as a profession
- Put up posters around the hospital or mobility centre
- Talk to other Health Care professions and Senior Leaders in your Trust and offer to let them Shadow to understand the work we do better.
- Invite the Board of Directors for a tour of your department and explain the work you do for patients
- Shadow another AHP to understand their role better and how we can improve MDT Working
- Create a video to use on the Hospital and GP TV screens

#### Social Media

- Adding one of our Banners "I am a Prosthetist / Orthotist" or "Proud to be a Prosthetist/Orthotist" to you email account as an email signature
- Tweet or post on Facebook with the #AHPday see some examples below
- Add our Banner to your twitter or Facebook account

## Other

- Offer to give a careers talk to promote P&O and other AHPs at your local secondary school
- Talk to everyone about P&O what we do and how we can help. From the supermarket to the gym

# **Examples of Social Media Posts**

"I am an Orthotist – one of 14 different AHPs celebrating #AHPDay today"

"I am a Prosthetist – one of 14 different AHPs celebrating #AHPDay today"

"I am a Prosthetist/Orthotist – one of 14 different AHPs celebrating #AHPDay today"

"I am a Prosthetist/Orthotist and I help people walk #AHPday"

"I am a Prosthetist/Orthotist and I am an expert in biomechanics #AHPday"

 $\hbox{\it ``Prosthetist/Orthotists design and deliver solutions to your functional problems''}$ 

"Prosthetist/Orthotists, providing Engineering solutions for peoples needs"

"Prosthetist/Orthotists are healthcare problem solvers"